KairosII

CYBERSECURITY ESSENTIALS

PROTECTING YOUR DIGITAL WORLD



Password Management

Use strong, unique passwords for every account and enable multi-factor authentication (MFA) to add an extra layer of security. A password manager can help you keep track of your passwords!



Software Updates

Regular updates patch security vulnerabilities. Enable automatic updates for your operating system, applications, and security software to stay protected.



Internet Safety

Be cautious with links and attachments. Avoid public Wi-Fi for sensitive activities, and always verify websites before entering credentials.



Device Security

Lock your devices with strong passwords or biometrics. Install security software and enable remote wipe in case of loss or theft.



Privacy Settings

Review and customize privacy settings on social media and apps. Limit data sharing and be mindful of what personal information you expose.



Data Backup

Regularly back up important data to a secure cloud service or external drive. A solid backup strategy ensures quick recovery from cyber

threats or hardware failure.